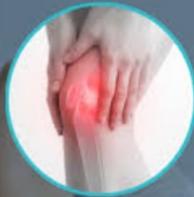


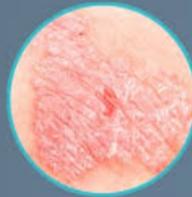
PSORIASIS SYMPTOMS



skin plaques



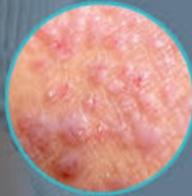
joint pain



dry, cracked skin



itching



bumps/pustules

January 2026

| | | | | | |
|---|---|----|----|----|----|
| M | 5 | 12 | 19 | 26 | |
| T | 6 | 13 | 20 | 27 | |
| W | 7 | 14 | 21 | 28 | |
| T | 1 | 8 | 15 | 22 | 29 |
| F | 2 | 9 | 16 | 23 | 30 |
| S | 3 | 10 | 17 | 24 | 31 |
| S | 4 | 11 | 18 | 25 | |

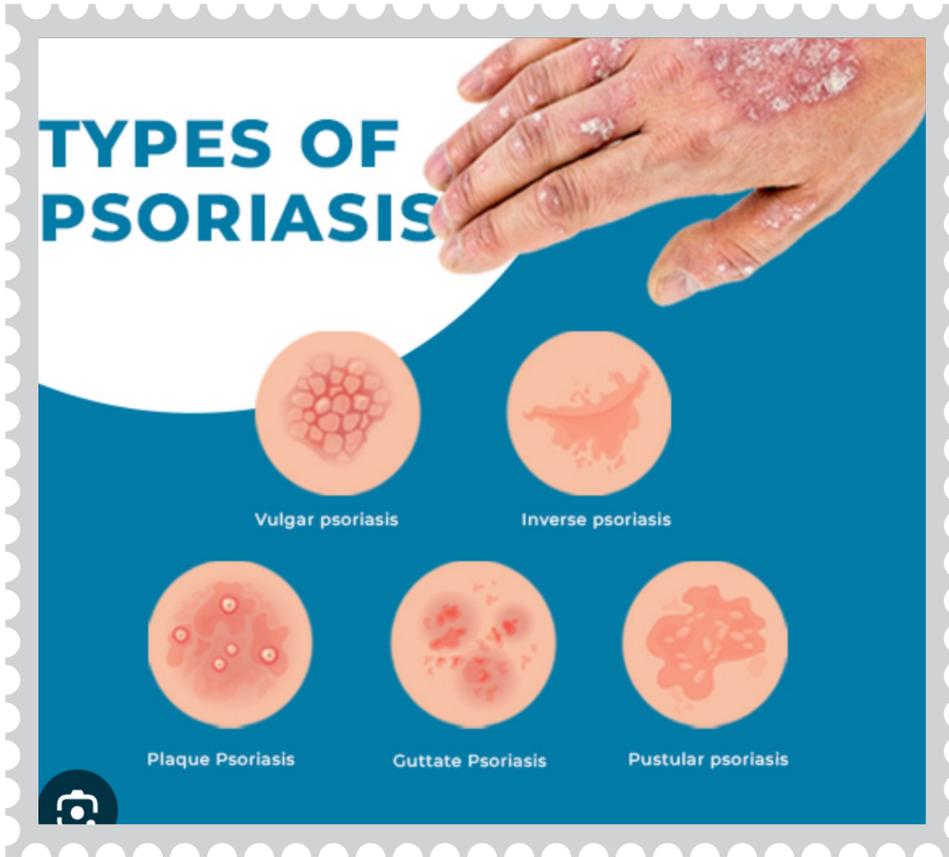
Propysalic[®] NF

CLONATE[®]-F

January

2026

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|--------------------|-----|--------------------------------|---------------|-----|-------------------------------|-----|
| | | | 1 New Year | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 Makar Sankranti / Pongal | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 National Girl Child Day | 25 |
| 26 Republic Day | 27 | 28 | 29 | 30 | 31 | |



February 2026

| | | | | |
|---|---|----|----|----|
| M | 2 | 9 | 16 | 23 |
| T | 3 | 10 | 17 | 24 |
| W | 4 | 11 | 18 | 25 |
| T | 5 | 12 | 19 | 26 |
| F | 6 | 13 | 20 | 27 |
| S | 7 | 14 | 21 | 28 |
| S | 1 | 8 | 15 | 22 |

Propysalic[®] NF

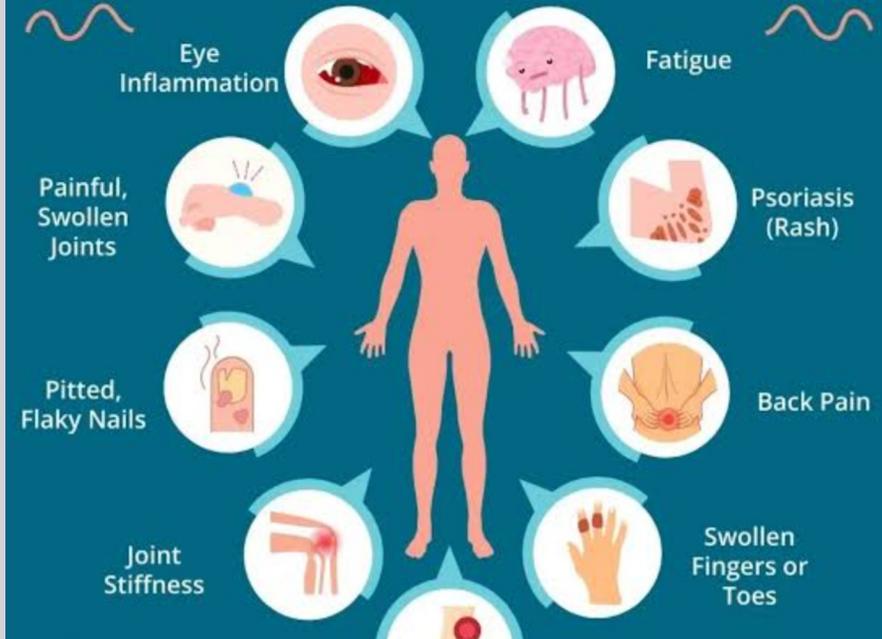
CLONATE[®]-F

February

2026

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|-----|-----|-----|-----|-----|-----|-----------------|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | | | | | | Maha Shivaratri |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | |

How Psoriatic Arthritis Affects the Body



March 2026

| | | | | | |
|---|----|---|----|----|----|
| M | 30 | 2 | 9 | 16 | 23 |
| T | 31 | 3 | 10 | 17 | 24 |
| W | | 4 | 11 | 18 | 25 |
| T | | 5 | 12 | 19 | 26 |
| F | | 6 | 13 | 20 | 27 |
| S | | 7 | 14 | 21 | 28 |
| S | 1 | 8 | 15 | 22 | 29 |

Propysalic[®] NF

CLONATE[®]-F

March

2026

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|-----|-----------------------|-----------|--------------------------|--------------------------------|-----|--------------------------------|
| 30 | 31 Mahavir Jayanti | | | | | 1 |
| 2 | 3 Holika Dahan | 4 Holi | 5 | 6 | 7 | 8 International Women's Day |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 Ugadi / Gudi Padwa | 20 Eid-ul-Fitr (Ramzan Id)* | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 Rama Navami | 28 | 29 |

*Tentative date for Eid festivals.



April 2026

| | | | | | |
|---|---|----|----|----|----|
| M | 6 | 13 | 20 | 27 | |
| T | 7 | 14 | 21 | 28 | |
| W | 1 | 8 | 15 | 22 | 29 |
| T | 2 | 9 | 16 | 23 | 30 |
| F | 3 | 10 | 17 | 24 | |
| S | 4 | 11 | 18 | 25 | |
| S | 5 | 12 | 19 | 26 | |

Propysalic[®] NF

CLONATE[®]-F

April

2026

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|-----|-----------------------|-----|-----|------------------|-----|-----|
| | | 1 | 2 | 3 Good Friday | 4 | 5 |
| 6 | 7 World Health Day | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |



May 2026

| | | | | | |
|---|---|----|----|----|----|
| M | 4 | 11 | 18 | 25 | |
| T | 5 | 12 | 19 | 26 | |
| W | 6 | 13 | 20 | 27 | |
| T | 7 | 14 | 21 | 28 | |
| F | 1 | 8 | 15 | 22 | 29 |
| S | 2 | 9 | 16 | 23 | 30 |
| S | 3 | 10 | 17 | 24 | 31 |

Propysalic[®] NF

CLONATE-F[®]

May

2026

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|-----|-----------------------------------|-----|-----|--------------------------------------|-----|--------------------|
| | | | | 1 Labour Day / Maharashtra Day | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 Mother's Day |
| 11 | 12 International Nurses Day | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

Early Symptoms of Psoriatic Arthritis

Eye inflammation

Swollen or stiff joints

Fatigue

Lower back pain

Nail changes

Swollen fingers or toes

June 2026

| | | | | | |
|---|---|----|----|----|----|
| M | 1 | 8 | 15 | 22 | 29 |
| T | 2 | 9 | 16 | 23 | 30 |
| W | 3 | 10 | 17 | 24 | |
| T | 4 | 11 | 18 | 25 | |
| F | 5 | 12 | 19 | 26 | |
| S | 6 | 13 | 20 | 27 | |
| S | 7 | 14 | 21 | 28 | |

Propysalic[®] NF

CLONATE[®]-F

June

2026

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

International Yoga Day

Muharram / Ashura*

Eid-ul-Adha (Bakri Id)*

*Tentative date for Eid festivals.



July 2026

| | | | | | |
|----------|----------|-----------|-----------|-----------|----|
| M | 6 | 13 | 20 | 27 | |
| T | 7 | 14 | 21 | 28 | |
| W | 1 | 8 | 15 | 22 | 29 |
| T | 2 | 9 | 16 | 23 | 30 |
| F | 3 | 10 | 17 | 24 | 31 |
| S | 4 | 11 | 18 | 25 | |
| S | 5 | 12 | 19 | 26 | |

Propysalic[®] NF

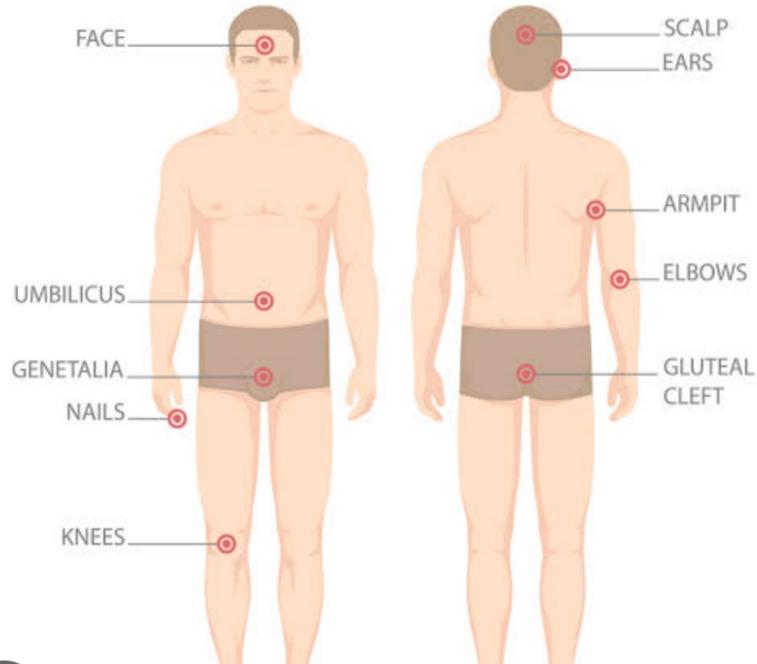
CLONATE[®]-F

July

2026

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|-----|-----|----------------------------|-----|-----|-----|-----|
| | | 1 National doctor's day | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

COMMON LOCATIONS OF PSORIASIS



August 2026

| | | | | | |
|---|----|---|----|----|----|
| M | 31 | 3 | 10 | 17 | 24 |
| T | | 4 | 11 | 18 | 25 |
| W | | 5 | 12 | 19 | 26 |
| T | | 6 | 13 | 20 | 27 |
| F | | 7 | 14 | 21 | 28 |
| S | 1 | 8 | 15 | 22 | 29 |
| S | 2 | 9 | 16 | 23 | 30 |

Propysalic[®] NF

CLODATE[®]-F

August

2026

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|-----|------------|-----|-----|----------------------|------------------------|-----|
| 31 | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 Independence Day | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 Onam | 26 | 27 | 28 Raksha Bandhan | 29 | 30 |

Eczema



Psoriasis



Eczema



Eczema



Psoriasis



Eczema



Psoriasis



Eczema



Eczema



September 2026

| | | | | | |
|---|---|----|----|----|----|
| M | 7 | 14 | 21 | 28 | |
| T | 1 | 8 | 15 | 22 | 29 |
| W | 2 | 9 | 16 | 23 | 30 |
| T | 3 | 10 | 17 | 24 | |
| F | 4 | 11 | 18 | 25 | |
| S | 5 | 12 | 19 | 26 | |
| S | 6 | 13 | 20 | 27 | |

Propysalic[®] NF

CLONATE[®]-F

September

2026

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|------------------------|-----|-----|-----|------------------|-----|-----|
| | 1 | 2 | 3 | 4 Janmashtami | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 Ganesh Chaturthi | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |



TYPES OF ECZEMA

October 2026

| | | | | | |
|---|---|----|----|----|----|
| M | 5 | 12 | 19 | 26 | |
| T | 6 | 13 | 20 | 27 | |
| W | 7 | 14 | 21 | 28 | |
| T | 1 | 8 | 15 | 22 | 29 |
| F | 2 | 9 | 16 | 23 | 30 |
| S | 3 | 10 | 17 | 24 | 31 |
| S | 4 | 11 | 18 | 25 | |

Propysalic[®] NF

CLONATE[®]-F

October

2026

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|-----|---|-----|-----|---------------------|-----|-----|
| | | | 1 | 2 Gandhi Jayanti | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 Dussehra / Dasara & World's Osteoporosis Day | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

Psoriasis Signs & Symptom



Dry,
Cracked Skin



Itching or
Burning Sensation



Joint Pain &
Swelling



Scales on
the Scalp

November 2026

| | | | | | |
|---|----|---|----|----|----|
| M | 30 | 2 | 9 | 16 | 23 |
| T | | 3 | 10 | 17 | 24 |
| W | | 4 | 11 | 18 | 25 |
| T | | 5 | 12 | 19 | 26 |
| F | | 6 | 13 | 20 | 27 |
| S | | 7 | 14 | 21 | 28 |
| S | 1 | 8 | 15 | 22 | 29 |

Propysalic[®] NF

CLODATE[®]-F

November

2026

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|-----|--------------------------|-----|-----|-----|-----|-------------------------|
| 30 | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 Diwali / Deepavali |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 Guru Nanak Jayanti | 25 | 26 | 27 | 28 | 29 |

Eczema



Psoriasis



Eczema



Eczema



Psoriasis



Eczema



Psoriasis



Eczema



Eczema



December 2026

| | | | | | |
|---|---|----|----|----|----|
| M | 7 | 14 | 21 | 28 | |
| T | 1 | 8 | 15 | 22 | 29 |
| W | 2 | 9 | 16 | 23 | 30 |
| T | 3 | 10 | 17 | 24 | 31 |
| F | 4 | 11 | 18 | 25 | |
| S | 5 | 12 | 19 | 26 | |
| S | 6 | 13 | 20 | 27 | |

Propysalic[®] NF

CLONATE[®]-F

December

2026

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|-----|-----|-----|----------------|-----------|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| | | | | Christmas | | |
| 28 | 29 | 30 | 31 | | | |
| | | | New Year's Eve | | | |