

Your ideas of good and bad are just a certain level of prejudice against life.

*o u*

## January 2026

M	5	12	19	26	
T	6	13	20	27	
W	7	14	21	28	
T	1	8	15	22	29
F	2	9	16	23	30
S	3	10	17	24	31
S	4	11	18	25	

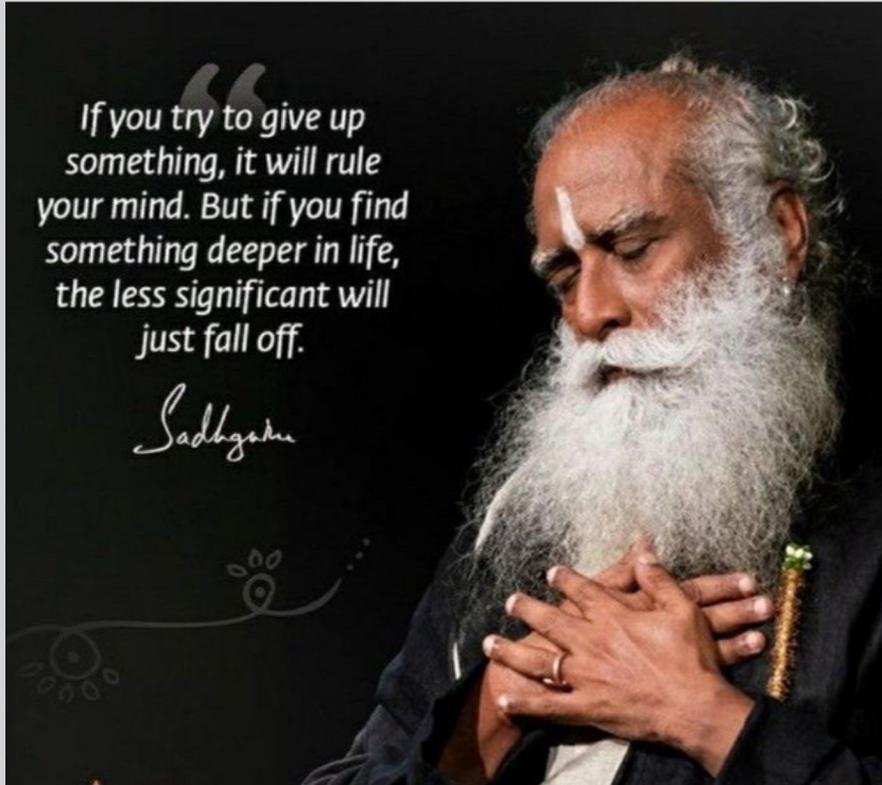
**Tretin<sup>®</sup>**

**Cleargel<sup>®</sup>**

# January

# 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 New Year	2	3	4
5	6	7	8	9	10	11
12	13	14 Makar Sankranti / Pongal	15	16	17	18
19	20	21	22	23	24 National Girl Child Day	25
26 Republic Day	27	28	29	30	31	



## February 2026

M	2	9	16	23
T	3	10	17	24
W	4	11	18	25
T	5	12	19	26
F	6	13	20	27
S	7	14	21	28
S	1	8	15	22

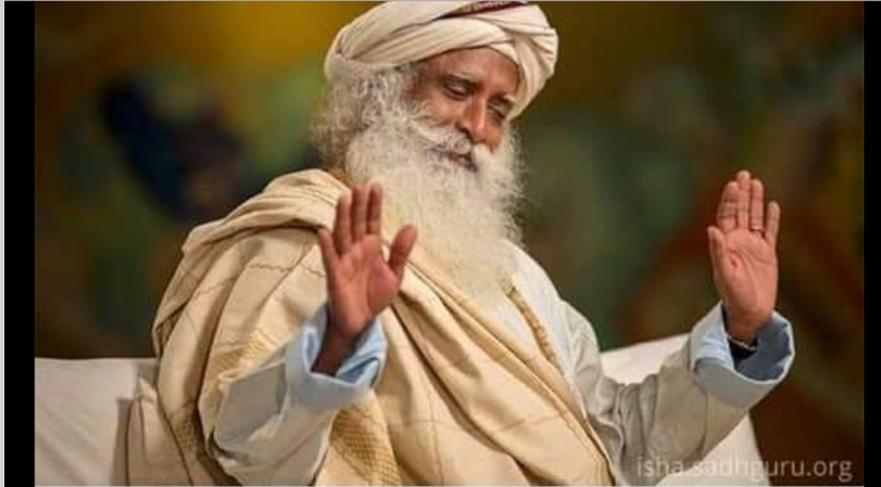
Tretin<sup>®</sup>

Cleargel<sup>®</sup>

# February

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
						Maha Shivaratri
16	17	18	19	20	21	22
23	24	25	26	27	28	



“

If you keep your pride, your ego, and your self-significance down, you will become available to Grace.

## March 2026

M	30	2	9	16	23
T	31	3	10	17	24
W		4	11	18	25
T		5	12	19	26
F		6	13	20	27
S		7	14	21	28
S	1	8	15	22	29

**Tretin**<sup>®</sup>

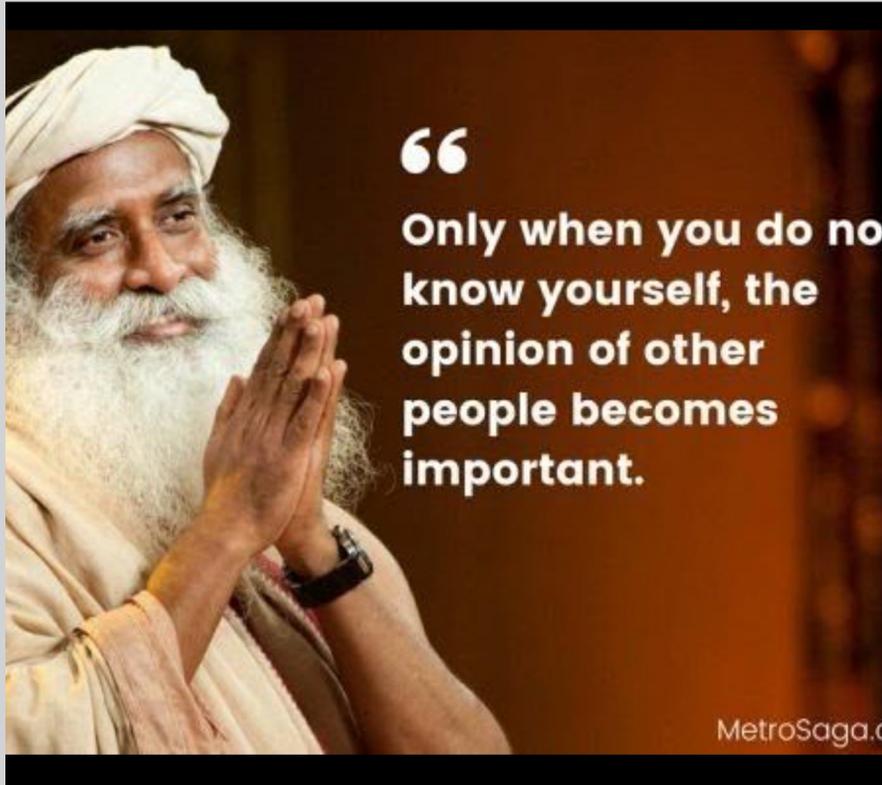
**Cleargel**<sup>®</sup>

# March

# 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30	31 Mahavir Jayanti					1
2	3 Holika Dahan	4 Holi	5	6	7	8 International Women's Day
9	10	11	12	13	14	15
16	17	18	19 Ugadi / Gudi Padwa	20 Eid-ul-Fitr (Ramzan Id)*	21	22
23	24	25	26	27 Rama Navami	28	29

\*Tentative date for Eid festivals.



“

Only when you do not know yourself, the opinion of other people becomes important.

MetroSaga.c

## April 2026

M	6	13	20	27	
T	7	14	21	28	
W	1	8	15	22	29
T	2	9	16	23	30
F	3	10	17	24	
S	4	11	18	25	
S	5	12	19	26	

**Tretin**<sup>®</sup>

**Cleargel**<sup>®</sup>

# April

# 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3 Good Friday	4	5
6	7 World Health Day	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



“

If there is love in your heart,  
it will guide you through  
your life. Love has its own  
intelligence.

## May 2026

M	4	11	18	25	
T	5	12	19	26	
W	6	13	20	27	
T	7	14	21	28	
F	1	8	15	22	29
S	2	9	16	23	30
S	3	10	17	24	31

Tretin<sup>®</sup>

Cleargel<sup>®</sup>

# May

# 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1 Labour Day / Maharashtra Day	2	3
4	5	6	7	8	9	10 Mother's Day
11	12 International Nurses Day	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



The air does not love you, but it gives life. That is how you should become – simply nourishing everything around you.

## June 2026

M	1	8	15	22	29
T	2	9	16	23	30
W	3	10	17	24	
T	4	11	18	25	
F	5	12	19	26	
S	6	13	20	27	
S	7	14	21	28	

**Tretin**<sup>®</sup>

**Cleargel**<sup>®</sup>

# June

# 2026

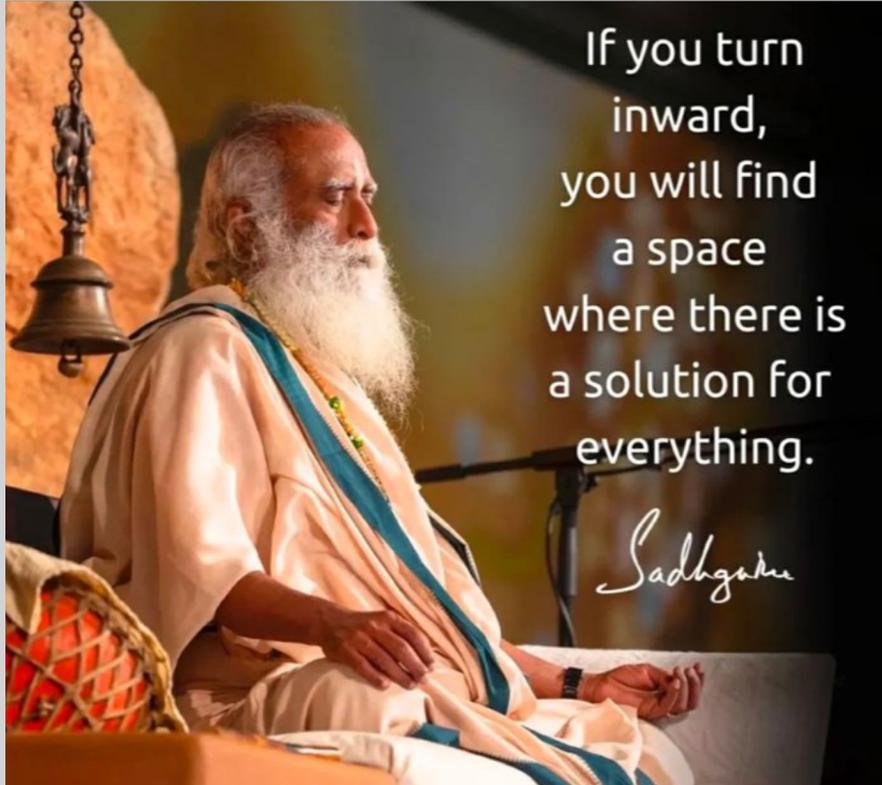
Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

International Yoga Day

Muharram / Ashura\*

Eid-ul-Adha (Bakri Id)\*

\*Tentative date for Eid festivals.



If you turn  
inward,  
you will find  
a space  
where there is  
a solution for  
everything.

*Sadhguru*

## July 2026

M	6	13	20	27	
T	7	14	21	28	
W	<b>1</b>	8	15	22	29
T	2	9	16	23	30
F	3	10	17	24	31
S	4	11	18	25	
<b>S</b>	<b>5</b>	<b>12</b>	<b>19</b>	<b>26</b>	

**Tretin**<sup>®</sup>

**Cleargel**<sup>®</sup>

# July

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 National doctor's day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



Don't hold back your love, your joy, and your exuberance. Only what you give becomes your quality, not what you hold back.

## August 2026

M	31	3	10	17	24
T		4	11	18	25
W		5	12	19	26
T		6	13	20	27
F		7	14	21	28
S	1	8	15	22	29
S	2	9	16	23	30

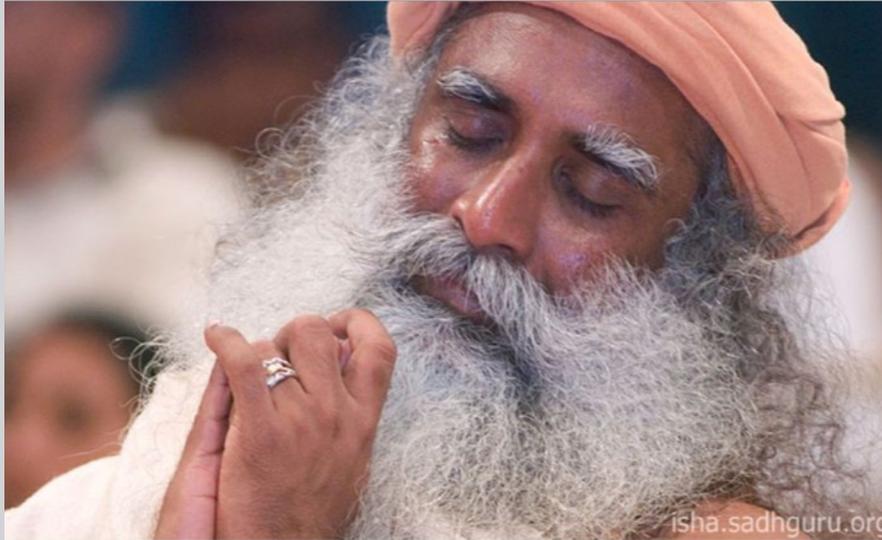
**Tretin**<sup>®</sup>

**Cleargel**<sup>®</sup>

# August

# 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
					Independence Day	
17	18	19	20	21	22	23
24	25	26	27	28	29	30
	Onam			Raksha Bandhan		



“

Devotion is a place where you do not exist; life just flows through you as a certain sweetness and beauty.

## September 2026

M	7	14	21	28	
T	1	8	15	22	29
W	2	9	16	23	30
T	3	10	17	24	
F	4	11	18	25	
S	5	12	19	26	
S	6	13	20	27	

**Tretin<sup>®</sup>**

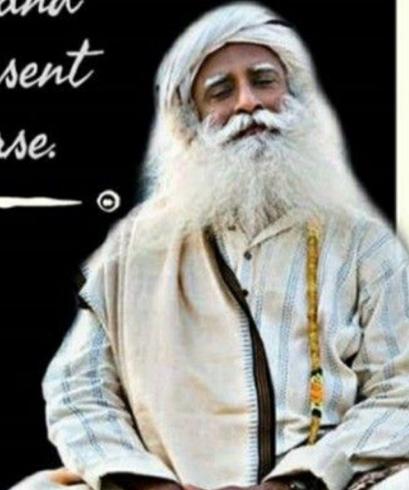
**Cleargel<sup>®</sup>**

# September

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4 Janmashtami	5	6
7	8	9	10	11	12	13
14 Ganesh Chaturthi	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Switch your phone off,  
sit down, watch your  
breath, you'll see all  
the missed calls and  
unread messages sent  
from the Universe.



Ltw

## October 2026

M	5	12	19	26	
T	6	13	20	27	
W	7	14	21	28	
T	1	8	15	22	29
F	2	9	16	23	30
S	3	10	17	24	31
S	4	11	18	25	

Tretin<sup>®</sup>

Cleargel<sup>®</sup>

# October

# 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2 Gandhi Jayanti	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 Dussehra / Dasara & World's Osteoporosis Day	21	22	23	24	25
26	27	28	29	30	31	

“You have to make it sink deep into you that you are the source of your misery, you are the source of your Joy, nobody else, nobody else at all, nothing else at all but you.”

—Sadhguru



## November 2026

M	30	2	9	16	23
T		3	10	17	24
W		4	11	18	25
T		5	12	19	26
F		6	13	20	27
S		7	14	21	28
S	1	8	15	22	29

Tretin<sup>®</sup>

Cleargel<sup>®</sup>

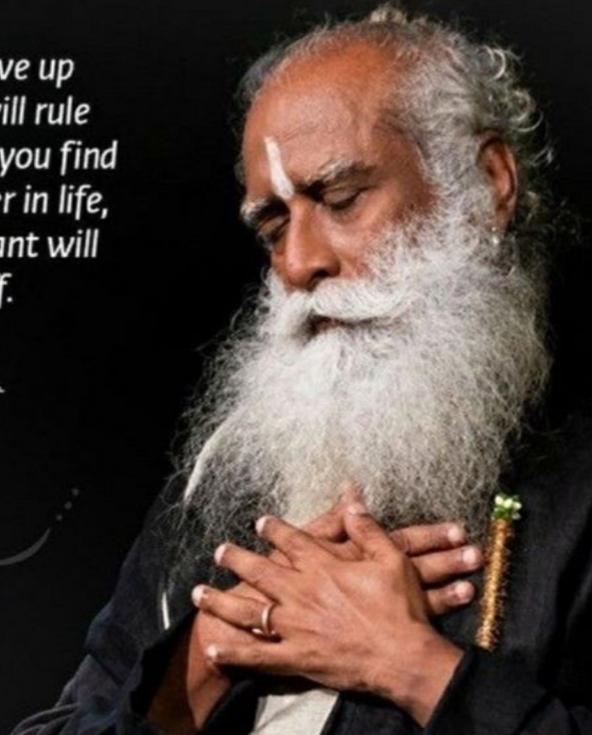
# November

# 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30						1
2	3	4	5	6	7	8 Diwali / Deepavali
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24 Guru Nanak Jayanti	25	26	27	28	29

“  
If you try to give up  
something, it will rule  
your mind. But if you find  
something deeper in life,  
the less significant will  
just fall off.

Sadhguru



## December 2026

M	7	14	21	28	
T	1	8	15	22	29
W	2	9	16	23	30
T	3	10	17	24	31
F	4	11	18	25	
S	5	12	19	26	
S	6	13	20	27	

Tretin<sup>®</sup>

Cleargel<sup>®</sup>

# December

# 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
				Christmas		
28	29	30	31			
			New Year's Eve			