



Reveal Your Best Skin Yet!

Tailored solutions
for clear skin.



January 2026

M	5	12	19	26	
T	6	13	20	27	
W	7	14	21	28	
T	1	8	15	22	29
F	2	9	16	23	30
S	3	10	17	24	31
S	4	11	18	25	

Tretin[®]

Cleargel[®]

January

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 New Year	2	3	4
5	6	7	8	9	10	11
12	13	14 Makar Sankranti / Pongal	15	16	17	18
19	20	21	22	23	24 National Girl Child Day	25
26 Republic Day	27	28	29	30	31	

Winter Skin
Doesn't Need
Moisture?

Think
Again.

Hydration is your
skin's best defense
this season.

Highlights:

- Cold air = Hidden dryness
- Hydrated skin stays youthful
- Moisture lock is a must

Visit *Coskin Aesthetics* for expert skin
treatments.

Dr. Rukhsana Rashid

February 2026

M	2	9	16	23
T	3	10	17	24
W	4	11	18	25
T	5	12	19	26
F	6	13	20	27
S	7	14	21	28
S	1	8	15	22

Tretin[®]

Cleargel[®]

February

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
						Maha Shivaratri
16	17	18	19	20	21	22
23	24	25	26	27	28	

Hyperpigmentation Solutions

Banish dark spots, reveal even-toned skin

- Medications
- Gfc/ Exosomes
- Chemical Peels
- Laser Therapy

Clearer, brighter, even-toned skin starts here

Visit *Coskin Aesthetics* for expert skin treatments

Dr. Rukhsana Rashid

March 2026

M	30	2	9	16	23
T	31	3	10	17	24
W		4	11	18	25
T		5	12	19	26
F		6	13	20	27
S		7	14	21	28
S	1	8	15	22	29

Tretin[®]

Cleargel[®]

March

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30	31 Mahavir Jayanti					1
2	3 Holika Dahan	4 Holi	5	6	7	8 International Women's Day
9	10	11	12	13	14	15
16	17	18	19 Ugadi / Gudi Padwa	20 Eid-ul-Fitr (Ramzan Id)*	21	22
23	24	25	26	27 Rama Navami	28	29

*Tentative date for Eid festivals.

7 Benefits of PRP for Skin

1. Stimulates Collagen
2. Plumps Sagging Skin
3. Reduces Scars
4. Improves Texture
5. Promotes New Skin Cells
6. Rejuvenates Skin
7. Long-Lasting Results

Visit *Coskin Aesthetics* for expert skin treatments.

Dr. Rukhsana Rashid

April 2026

M		6	13	20	27
T		7	14	21	28
W	1	8	15	22	29
T	2	9	16	23	30
F	3	10	17	24	
S	4	11	18	25	
S	5	12	19	26	

Tretin[®]

Cleargel[®]

April

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3 Good Friday	4	5
6	7 World Health Day	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



LASER HAIR REDUCTION

Smooth. Safe. Long-lasting.

- Painless
No more waxing or shaving
- Precise
Targets hair at the root
- Effective
Visible results in few sessions
- Safe for all skin types
Clinically tested

May 2026

M	4	11	18	25	
T	5	12	19	26	
W	6	13	20	27	
T	7	14	21	28	
F	1	8	15	22	29
S	2	9	16	23	30
S	3	10	17	24	31

Tretin[®]

Cleargel[®]

May

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1 Labour Day / Maharashtra Day	2	3
4	5	6	7	8	9	10 Mother's Day
11	12 International Nurses Day	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



GLOW THROUGH THE SEASONS

COSKIN AESTHETICS Has You Covered!

Struggling with breakouts, dullness, or stubborn spots? At Coskin Aesthetics, we don't just treat symptoms, we heal skin from within.

- Struggling Personalized treatments
- Proven skin solutions
- Real results you can see

June 2026

M	1	8	15	22	29
T	2	9	16	23	30
W	3	10	17	24	
T	4	11	18	25	
F	5	12	19	26	
S	6	13	20	27	
S	7	14	21	28	

Tretin[®]

Cleargel[®]

June

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

International Yoga Day

Muharram / Ashura*

Eid-ul-Adha (Bakri Id)*

*Tentative date for Eid festivals.

YOUR SKIN OUR EXPERTISE

DERMATOLOGY CARE BENEFITS

Diagnose Skin
Conditions

Prevent Skin
Diseases

Customized
Treatment
Plans

Improve Skin
Appearance

Visit *Coskin Aesthetics* for expert
skin treatments.

Dr. Rukhsana Rashid

July 2026

M	6	13	20	27	
T	7	14	21	28	
W	1	8	15	22	29
T	2	9	16	23	30
F	3	10	17	24	31
S	4	11	18	25	
S	5	12	19	26	

Tretin[®]

Cleargel[®]

July

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 National doctor's day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

PRP Therapy

Your Skin's Natural Rejuvenation

Glow powered by your own plasma.

Highlights:

- Stimulates collagen naturally
- Reduces fine lines & scars
- Restores youthful radiance

August 2026

M	31	3	10	17	24
T		4	11	18	25
W		5	12	19	26
T		6	13	20	27
F		7	14	21	28
S	1	8	15	22	29
S	2	9	16	23	30

Tretin[®]

Cleargel[®]

August

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15 Independence Day	16
17	18	19	20	21	22	23
24	25 Onam	26	27	28 Raksha Bandhan	29	30



GFC HAIR THERAPY

Regrow Naturally with Your Own Blood



Stimulates follicles
& regrowth



Natural growth
from your own
blood



Stronger hair,
less hair fall

September 2026

M	7	14	21	28	
T	1	8	15	22	29
W	2	9	16	23	30
T	3	10	17	24	
F	4	11	18	25	
S	5	12	19	26	
S	6	13	20	27	

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Cleargel[®]

September

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4 Janmashtami	5	6
7	8	9	10	11	12	13
14 Ganesh Chaturthi	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Coskin Aesthetics
the Health Clinic

ADVANCED SKIN TECHNOLOGY

Q-SWITCH

LASER TREATMENT

KEY POINTS:

- Removes pigmentation, freckles & age spots.
- Treats melasma & skin discoloration.
- Tattoo removal with precision.
- Suitable for all skin types.

October 2026

M	5	12	19	26	
T	6	13	20	27	
W	7	14	21	28	
T	1	8	15	22	29
F	2	9	16	23	30
S	3	10	17	24	31
S	4	11	18	25	

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Cleargel[®]

October

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2 Gandhi Jayanti	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 Dussehra / Dasara & World's Osteoporosis Day	21	22	23	24	25
26	27	28	29	30	31	



PIMPLES

THE COMMON CAUSES OF
PIMPLES

- 1 Using the wrong skincare products
- 2 Hormonal imbalance
- 3 Consuming foods high in sugar/ dairy
- 4 Dirty makeup brushes
- 5 Not cleansing properly

November 2026

M	30	2	9	16	23
T		3	10	17	24
W		4	11	18	25
T		5	12	19	26
F		6	13	20	27
S		7	14	21	28
S	1	8	15	22	29

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Cleargel[®]

November

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30						1
2	3	4	5	6	7	8 Diwali / Deepavali
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24 Guru Nanak Jayanti	25	26	27	28	29

5 REASONS FOR DOING CHEMICAL PEELING



1

EXFOLIATES DEAD SKIN LAYERS

2

UNCLOGS PORES DEEPLY

3

REDUCES MELASMA PIGMENTATION

4

MINIMIZES ENLARGED PORE SIZE

5

STIMULATES SKIN CELL TURNOVER

Facing skin issues?

Visit *Coskin Aesthetics* for expert skin treatments.

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December 2026

M	7	14	21	28	
T	1	8	15	22	29
W	2	9	16	23	30
T	3	10	17	24	31
F	4	11	18	25	
S	5	12	19	26	
S	6	13	20	27	

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December

2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
				Christmas		
28	29	30	31			
			New Year's Eve			